

EMERGENCY NUMBERS		
CRISIS CENTER (24hrs.)	1301 Piccard Drive, Rockville	240-777-4000
Child Abuse	24-hour reporting line	240-777-4417
Domestic Violence	National Domestic Violence Hotline	800-799-7233
	Montgomery Trauma Services	240-777-1355
	Family Justice Center (in Rockville)	240-773-0440
	JCADA	1 877- 885-2232
Human Trafficking	National Resource Center	888-373-7888
	Thuba Roush, Catholic Charities	202- 635-5957
Mental Health Crisis	Crisis Center	240-777-4000
	EveryMind	301-424-0656
	Willow Oak Therapy Center	301-251-8965
Rape/Sexual Assault	Sexual Assault Crisis Line	240-777-4357
	National Sexual Assault Hotline	800-656-4673
Shelter/Crisis Response		240-777-4000
Non-Emergency Police Public Safety		301-279-8000
Suicide	go to a local emergency room!	911
	National Suicide Prevention Hotline	988

ALL REQUESTS – Information Hotline 2-1-1
Maryland provides a link to community health and human service resources statewide
24 hours a day, 7 days a week, in over 150 languages. 2-1-1

Adult Education/GED Classes/External High-School Diploma
Montgomery College Adult Literacy/GED Program 240-567-8950

Financial Stability Network
Free financial education, tax services and more. (FSN@cc-dc.org) 202-738-9957

FDIC Money Matters,
<https://www.fdic.gov/consumers/consumer/moneysmart/mscbi/mscbi.html>
Money Management International 866-889-9347

Burial Assistance
Contact the local DHHS office. 240-777-4550

Children's Services
Infants and Toddler's Program (support for children ages 0-3) 240-777-3997
Child Support MD Dept of Human Services 800-332-6347
Child Care Subsidy 240-777-1177

Clothing
Interfaith Clothing Center, 751 Twinbrook Pkwy., Rockville 301-424-3796
C4 Clothes Closet 14015 New Hampshire, Silver Spring 301-989-8742

Counseling

Mental Health Core Services Agency (call for information & referral) 240-777-4000
1301 Piccard Drive., Rockville
Affiliated Sante, 1400 Spring St., Suite 100, Silver Spring 301-589-2303
Behavioral Health Partners, Sheppard Pratt 604 Solarex Ct., Frederick 301-663-8263
Rebecca Mullan -Family Counseling rmullan@stjeromes.org 301-541-3740

Day Program

Shepherd's Table 8106 Georgia Ave Silver Spring MD 301-585-6463
Interfaith Works at Progress Place: 8106 Georgia Ave. S.S. 301-585-4471
Interfaith Works-Wilkins Women's Center: 12250 Wilkins Ave 301-770-2413

Dental Care

Catholic Charities' Dental Clinic: Silver Spring ,12247 Georgia Ave. 301-933-0868
Catholic Charities' Spanish Catholic Center: DC, 1618 Monroe St. NW 202-939-2400
Catholic Charities' Dental Clinic: PG, 859 Allentown Way, Temple Hill 301-615-0940

Disability Services (supported employment, job training, transportation, etc.)

Aging and Disability Resource Unit 240-777-3000

Employment Search Resources

Spanish Catholic Center: Gaithersburg, 201 E. Diamond Ave., 3rd Floor 301-740-2523
Spanish Catholic Center: DC, 1618 Monroe St. NW 202-939-2400
Arbor ResCare 301-562-8180
WorkSource Montgomery 11510 Georgia Ave, Ste 100, Wheaton 301-929-4350

Eye Care

Exams, Glasses, Surgery - Lions Club 301-599-7600
Glasses - Prevention of Blindness, 415 2nd Street NE, DC 202-234-1010

Food - Groceries

SHARE Program, www.sharedc.org 301-864-3115
(pay \$30 for \$50 of groceries, EBT welcome, local sites in DC and MD)
Catholic Charities: Silver Spring ,12247 Georgia Ave. 301-942-1790 X8108
WIC Hotline (food assistance for women, infants, children) 301-762-9426
Manna Food Center (several locations, call for info. and referral) 301-424-1130

Food - Meals

Gaithersburg (M-F, various hours), Epworth United Methodist Church 9008 Rosemont Dr. 301-926-0424
Gaithersburg (M 7am-Noon) St. Martin of Tours 201 S Frederick Ave 301-990-3203
Rockville (every other T 8:30-11AM) Living Faith Lutheran Church 1605 Viers Mill Rd 301-424-8622

Furniture (call first, you must provide transportation)

Capitol Heights - Mission of Love, 6180 Old Central Ave. 301-333-4440
Damascus – Damascus Help 301-253-4100
Silver Spring - A Wider Circle (referral preferred) 301-608-3504

Health Care

Catholic Charities' Medical Clinic: DC, 1618 Monroe St. NW 202-939-2400
 Montgomery Cares (care for the uninsured) 240-777-4498
 HIV/STD Test – Dennis Ave. Health, 2000 Denis Ave. Silver Spring 240-777-1790
 Community Clinic- Silver Spring (men and women) 301-585-1250
 Access to Behavioral Health 240-777-1770
 Montgomery County Addiction Services Coordination: 240-777-1170

Housing Search Resources/ Strategies

Victory Housing (Archdiocese of Washington affordable housing) 301-493-6000
 Public Housing, Housing Choice Vouchers 240-627-9400
 In-House Section 8 www.hocmc.org 240-627-9400
 Maryland Housing Search Website, www.mdhousingsearch.org 1-877-428-8844

Immigrant-Focused Services

Catholic Charities' Immigration Legal Clinic Silver Spring and Gaithersburg (\$90) Consultation fee) 240-858-0958
 Days and hours of Operation
 Mondays 1pm-5pm
 Wednesday 3pm-7pm
 Tuesdays & Thursday 9am-1pm
 Email inquiries: NNhelp@cc-dc.org

Income Support Programs

DHHS Germantown, 12900 Middlebrook Rd., Germantown 311
 DHHS Rockville, 1301 Piccard Dr., Rockville 311
 DHHS Silver Spring, 8818 Georgia Ave., Silver Spring 311

Legal Assistance

Catholic Charities' Archdiocesan Legal Network (English) 202-350-4305/ 202-772-1201
 Catholic Charities' Archdiocesan Legal Network (en Español) 202-772-4325
 Legal Aid Bureau 1-888-465-2468
 University Legal Services 202-547-4747
 Legal Aid Rockville 240-314-0373
 Montgomery County Gilchrist Immigrant Resources 240-777-4940

Library (internet, computer classes, movies, free children's programs) 240-777-0001
 Wheaton Library Branch (or contact local library) 240-777-0678

Phone

Assurance Wireless, (free phone with 250 minutes/month) 1-888-321-5880

Prison Outreach

CC Prison Outreach Ministry (Welcome Home), DC only 202-519-2744
 Montgomery County Re-Entry, 11651 Nebel St. Rockville MD 202-996-0655

Rental/Mortgage Assistance

Contact the local DHHS office Dial 311
 Rental Assistance Program (RAP) 240-777-4400
 Emergency Mortgage Assistance <https://dhcd.maryland.gov/> 1-877-462-7555

Pregnancy/Parenting

Gabriel Network 301-637-3223 or 1800-264-3565
 Project Rachael 301-982-2008
 Shady Grove Pregnancy Center, 16220 Frederick Rd, Gaithersburg Text 240-200-4220
 Rockville Women's Center, 12530 Parklawn Dr, Rockville 301-779-1585

Senior Citizens

Aging and Disability Resource Unit 240-777-3000

Street Outreach

Homeless Information Line 240-907-2688
 City of Gaithersburg: 1 Wells Avenue, 301-258-6390

Shelter (Emergency) & Homelessness

****Contact the Crisis Center first (24 hours/day) ****
 1301 Piccard Drive, Rockville MD 240-777-4000
 Interfaith Works 301-762-8682
 Helping Hand, 622 North Horners Ln. Rockville 301-340-2796
 Family Stepping Stones, Rockville 301-251-0567

Substance Abuse Treatment Programs

Montgomery County Addiction Services Coordination 240-777-177

Transportation

Medicaid Transportation (8:30-noon to book transportation) 240-777-5899
 Metro Access (for disabled and senior citizens) 301-562-5360
 Call N' Ride (for disabled or persons aged 63+) 301-948-5409
 Senior Connection (rides to doctor for persons aged 60+) 301-962-0820
 Connect-a-Ride (referral for people with disabilities and seniors) 301-738-3252

Utility Assistance

Contact the local DHHS office. See "Income Support Programs."
 MEAP (Maryland Energy Assistance Program) 240-777-4450
 EUSP-Electric Universal Services Program 240-777-4450

Veterans Support

Veterans Crisis Line 988 - press 1
www.montgomerycountymd.gov search for Veterans Network Directory
 Invicta Vets National Center for Homeless Veterans 877-424-3838
 Maryland Commitment to Veterans 877-770-4801

VITA-Volunteer Income Tax Assistance

FREE tax preparation services 240-777-1123