

(in alphabetical order by type of assistance requested)

EMERGENCY NUMBERS		S = Services also provided in Spanish
		S= Servicios en español
Abused Adults	DC Adult Protective Services	202-541-3950
Abused Children	DC Child & Family Services	202-671-7233
Domestic Violence	National Domestic Violence Hotline	1-800-799-7233
	JCADA (Jewish Coalition Against DV)	1-301-315-8041
Human Trafficking	National Resource Center	1-888-373-7888
Mental Health Crisis	DC Mobile Crisis Service-Adult	202-673-9300
	DC Access Help Line	1-888-793-4357
Rape/Sexual Assault	DC Rape Crisis Center Hotline	202-333-7273
	National Sexual Assault Hotline	S 1-800-656-4673
Shelter	DC 24-Hour Emergency Shelter Hotline	800-535-7252
Suicide	go to a local emergency room	911
	National Suicide Prevention Hotline	S 1-800-273-8255

ALL REQUESTS – Information Hotline

DC Human Services hotline, www.answersplease.dc.gov call 211 or 202-463-6211

Adult Education/GED Classes/External High-School Diploma

Literacy Helpline, dclibrary.org/node/5510 202-727-2431
Academy of Hope, Adult Public charter School (sites in NE & SE) 202-269-6623
Computer Core (computer literacy) 703-931-7346

Budgeting/Debt Counseling Resources

FDIC Money Smart,
<https://www.fdic.gov/consumers/consumer/moneysmart/mscbi/mscbi.html>
Capital Area Assets Builders (CAAB), 1444 I St, NW 202-419-1440

Burial Assistance

DC Burial Assistance Program, 645 H Street, NE (ESA Service Center) 202-698-6663

Case Management/Walk-in Social Worker Services

Miriam's Kitchen, 2401 Virginia Ave. NW, M-F 6:30-9:45a; 2:30-5:45p 202-452-8926
So Others Might Eat (S.O.M.E.), 71 "O" St. NW, M-F, 8am intake 202-797-8806
Bread for the City, 1640 Good Hope Rd., M-Thurs, 9:30-11:30am 202-265-2400
Bread for the City, 1525 7th St. NW, Mon,Tues,Thurs, 9-11am or 1-3pm 202-561-8587

Children's Services

Champs (mobile psychiatric crisis service – 24/7; ages 6-18) 202-481-1440
Child Care Vouchers, 4001 South Capitol St. SW 202-727-0284
Urban Alliance (paid internships for high school seniors) 202-459-4300

Clothing

Bread for the City, 1640 Good Hope Rd. SE 202-561-8587
(Free; T, W, R 10am-2pm. Free; bring your own bag)
So Others Might Eat (S.O.M.E.), 71"O" St. NW (T, F 8:30-11:30) 202-797-8806

Counseling

Catholic Charities Anchor Mental Health, 1001 Lawrence St NE, DC 202-635-5400
DC Department of Mental Health (DMH) 24-Hour Helpline 888-793-4357
DMH, 35 K St. NE, 8:30am-3pm (walk-in psychological assessments) 202-442-4202
Grief Counseling – Wendt Center, 4201 Connecticut Ave. NW 202-624-0010
Comprehensive Psychiatric Emergency Program 202-673-9319

Dental Care

Catholic Charities' Spanish Catholic Center, 1618 Monroe St. NW **S** 202-939-2400x4
So Others Might Eat (S.O.M.E.), 71 "O" St. NW 202-797-8806

Domestic Violence

Ayuda, Inc, **S** 202-387-4848
DASH Resource Clinic, every Wed, 1-3:30pm 202-425-7573
House of Ruth 202-667-7001

Disability Services (supported employment, job training, etc.)

Department of Disability Services, 1125 15th Street NW 202-730-1700

Economic Security Administration (ESA) Service Centers (formerly called IMA)

(Food stamps/Medicaid/TANF- all locations. Temporary disability - H Street only.)

Hours: Monday-Friday 8:15am- 4:45pm; extended hours until 8pm on Wednesdays

Anacostia, 2100 Martin Luther King Jr. Ave., SE **S** 202-645-4614
Congress Heights, 4001 South Capitol Street, SW **S** 202-645-4525
Fort Davis, 3851 Alabama Ave., SE **S** 202-645-4500
H Street, 645 H Street, NE (also provides temporary disability funds) **S** 202-698-4350
Taylor Street, 1207 Taylor Street, NW **S** 202-727-5355

Eye Care

Exams - So Others Might Eat (S.O.M.E.), 71 "O" St. NW 202-797-8806
Exams - Washington Hospital Center, 110 Irving St. NW **S** 202-877-3937
Glasses - Prevention of Blindness, 2216 Rhode Island Ave. NE 202-269-0203

Financial Stability Network

Free financial education, tax services and more. (FSN@cc-dc.org) 202-738-9957

Family Support

Strong Families (DC Dept. of Human Services) 202-698-4293
Far Southeast Family Strengthening, 2041 MLK Jr Ave. SE 202-889-1425

Food - Groceries

Capital Area Food Bank Hunger Lifeline 202-644-9800
DC Food Finder (sources closest to any DC address) **www.dhs.dc.gov**
Economic Security Admin Food Stamps (now called "SNAP") 202-727-5355
WIC Hotline (Women, Infants, Children – food) 800-345-1942
SHARE Program, www.sharedc.org 301-864-3115
(pay \$20 for \$40-45 of groceries, EBT welcome)

Food - Meals

S.O.M.E., 71 "O" St. NW, daily, 7-8:30am, 11-1pm 202-797-8806
 Miriam's Kitchen, 2401 Virginia Ave. NW, M-F 6:30-8am; 4:45-5:45p 202-452-8926

Furniture (call first, you must provide transportation)

Mission of Love, 6180 Old Central Ave., Capitol Heights, MD 301-333-4440
 A Wider Circle, Ward 8 Hub 400-A Atlantic St SE 301-608-3504

Health Care

Catholic Charities' Spanish Catholic Center, 1618 Monroe St. NW **S** 202-939-2400
 Affordable Care Act // DC Health Link **S** 855-532-5465
 So Others Might Eat (S.O.M.E.), 71 "O" St. NW 202-797-8806
 Unity Health Care Clinics (for the under and un-insured) 202-469-4699
 Medicare/Medicaid Insurance (look under "Economic Security Administration" sites)

HIV Testing/Support

Whitman-Walker Clinic 1525 14th St NW 202-745-7000
 Family and Medical Counseling Service, 2041 MLK Jr. Ave. SE, #303 202-889-7900

Housing Search Resources/ Strategies

Housing Counseling Services, 2410 17th Street, NW **S** 202-667-7006
 DHCD Housing Resource Center, 1800 MLK Ave. SE (8:30a-3:30p) 202-442-9505
 Database of housing options: www.dchousingsearch.org
 Victory Housing (an ADW program) www.victoryhousing.org 301-493-6000
 Check: realtors, City Paper (Thurs), Washington Post (Sat & Sun), consider roommate.

Identification/Birth Certificates

Salvation Army, 1434 Harvard St. NW (Wed & Thurs, call first) 202-332-5000
 Foundry Methodist Church, (requires an online referral by a social services agency)

Immigrant-Focused Services

Catholic Charities' Immigration Legal Clinic Silver Spring and Gaithersburg
 (\$90 Consultation fee) 240-858-0958 or 202772-4348
 Days and hours of Operation Mondays 1pm-5pm Wednesday 3pm-7pm
 Tuesdays & Thursday 9am-1pm Email inquiries: NNhelp@cc-dc.org
 CARECEN, 1460 Columbia Road NW, Suite C-1 (only) **S** 202-328-9799
 Ayuda, 6925 B Willow Street NW **S** 202-387-4848

Job Search Resources

DC Department of Employment Services (DOES) 202-724-7000
 Jubilee Jobs, 1640 Columbia Road. NW. **S** 202-667-8970
 Samaritan Ministry, 1345 U St. SE (889-7702) or 1516 Hamilton St. NW 202-722-2280

Legal Assistance

Catholic Charities Legal Network **S** 202-350-4305 // 202-772-4325
 Bread for the City, 1525 7th St. NW (walk-in Monday 1-3pm) **S** 202-265-2400
 Bread for the City, 1700 Marion Barry Ave SE 202-561-8587
 Legal Aid Society **S** 202-628-1161
 University Legal Services 202-547-4747
 Washington Legal Clinic for the Homeless 202-328-5500

Library (internet, computer classes, movies, free children's programs)

Martin Luther King Jr., 901 G St. NW, (or call for 25 branch offices) 202-727-0321

Phone

Assurance Wireless, (free phone with 250 minutes/month) **S** 888-898-4888

Pregnancy/Parenting

Catholic Charities' Sanctuaries for Life Program 301-441-1472
 Northwest Pregnancy Center, 2702 Ontario Road, NW 202-483-7008
 Healthy Babies Project, 4501 Grant Street, NE 202-396-2809

Prison Outreach

Catholic Charities, Welcome Home Reentry Program **S** 202-519-2744
 Voices for a 2nd Chance, 1422 Mass Ave. SE 202-544-2131

Rental/Mortgage Assistance (must call for an appointment)

Community Partnership/ Virginia Williams, 920 Rhode Island Ave NE 202-526-0017
 Housing Counseling Services, 2410 - 17th St. NW, Suite 100 **S** 202-667-7339
 Salvation Army, 1434 Harvard Street NW, Suite B 202-332-5000
 Salvation Army, 2300 Martin Luther King Ave. SE 202-678-9771
 Dept. Housing & Community (mortgages), www.dhcd.dc.gov 202-442-7200
 HUD's Making Home Affordable Program, www.makinghomeaffordable.gov
 Tenant Survival Guide: <http://ota.dc.gov/node/374252>

Senior Citizens (60+)

DC Office on Aging, 441 4th Street, NW, Suite 900 202-724-5622

Shelter (Emergency) & Homelessness

Men 801 East, 2700 Martin Luther King Jr. Ave. SE **S** 202-561-4014
 New York Avenue Shelter, 1355 New York Ave. NE 202-832-2359
 Adams Place NE 202-832-8317
Women Josephine Bakhita Shelter for Women 6010 Ga. Ave NW 202-829-0420
 Harriet Tubman, 1900 Massachusetts Ave. SE 202-795-9966
Family Virginia Williams, 920 Rhode Island Avenue, NE 202-526-0017
 (Central intake for displaced DC families, 8:30-4pm, M-Th)
Day Everyone home DC, 1338 G Street SE 202-544-3150
 (Mon-Fri 8am-6pm. Shower, computer, phone, laundry, kitchen facilities)

Substance Abuse Treatment Programs

District of Columbia Free Rehab Center.org 1-800-780-2294
 Clean and Sober Streets, 425 2nd St. NW (9am-7pm) 202-783-7343
 Assess & Refer Ctr. DBH 75 P St, N.E. 202-727-8473

Transportation (call first)

Father McKenna Center, 19 Eye St. NW (Food Pantry also) 202-842-1112
 Thrive DC, 1525 Newton St. NW (Laundry available) **S** 202-737-9311
 Travelers Aid (stranded travelers) Union Station, 50 Mass Ave. NE 240-505-4255

Utility Assistance

DC Energy Assistance Program **S** 311 or 202-673-6750
 Strong Families (DC Dept. of Human Services) 202-698-4293
 Salvation Army 202-332-5000
 Greater Washington Urban League 202-265-8200

Veterans Support

DC Vet Center, 1296 Upshur St NW 202-726-5212