



HEALTHIER FAMILIES ♦ STRONGER COMMUNITY

# NEWSLETTER

## APRIL 2026

**Catalysts for Change: Honoring  
Leaders and Empowering Communities**

### **April 6th**

Host Site  
Initial  
Orders Due

### **April 13th**

Final Order Due  
at 12 noon  
from SHARE Host Sites

Confirm Customer  
due dates  
with your  
Host Site Coordinator

### **April 14th**

Host Site  
Payments Due  
to  
SHARE Headquarters

### **April 17th & 18th**

SHARE Distribution  
Days

### **March 27th & April 3rd**

SHARE Headquarters  
Closed

**You are welcome  
to place your  
April order  
by**

**Phone, Fax, or E-mail  
Reach out to a host site!**



**Jesse Louis  
Jackson** was an  
American civil  
rights activist,  
LGBTQ activist,  
politician and  
ordained Baptist  
minister

We pay tribute to Rev. Jesse Louis Jackson Sr., a trailblazer who confronted injustice with unwavering resolve. As an orator, organizer, and advocate for civil rights, equality, and opportunity, he awakened a nation and inspired generations to stand boldly for equity and justice.

Just as Reverend Jackson catalyzed societal change through vision and dedication, initiatives like the **SHARE Food Network** embody transformation within our communities today. SHARE provides families with access to nutritious groceries at reduced costs—without the barriers of applications or identification—ensuring more equitable opportunities for all. Across neighborhoods in the metropolitan area, its volunteer-driven model creates tangible impact, delivering not only sustenance but also hope to those who need it most.

Tackling food insecurity is inseparable from the broader pursuit of social justice. SHARE's mission intersects with wider societal challenges—hunger, inequity, and community fragmentation—mirroring the transformative vision championed by leaders like Reverend Jackson.

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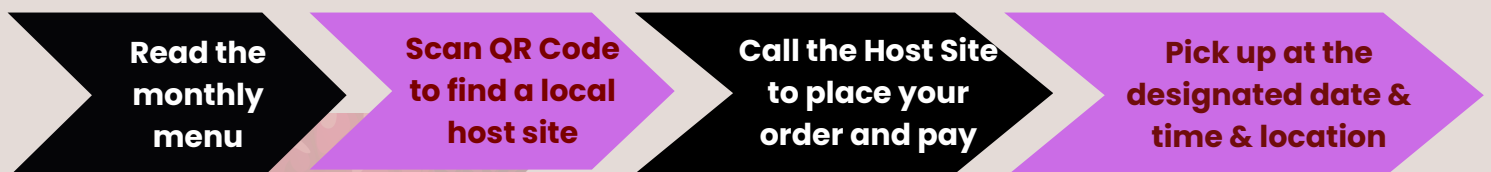
May we carry forward the spirit of Jesse Jackson by turning conviction into action. Through efforts like the SHARE Food Network, let us continue building a future where dignity, opportunity, and hope are within reach for all. As we march into April, let us renew that commitment—spreading the word about SHARE far and wide and inviting all who will listen to join in this mission of community, compassion, and change. **Remember, everyone is eligible.**

## Planting Seeds of Hope: SHARE in Action

April is the perfect time to renew our commitment to community, compassion, and action. As spring brings growth and new beginnings, the **SHARE Food Network** is sowing seeds of hope across our communities—making nutritious, affordable food accessible to every family. This month, we have the opportunity to do more than witness change—we can drive it, strengthen our mission, and inspire others to join the cause.

Have a special event or want to spotlight the **SHARE Food Network**? Contact our Outreach Coordinators! Together, we can help each other and grow **SHARE's** impact, rally more volunteers, and deliver hope, nourishment, and opportunity to families across our region. This April, let's unite—and keep HOPE alive!

### How Does SHARE Work?



 **Catholic Charities**  
Financial Stability Network

**Free Tax Return Preparation**

If your income is under \$69,000, have IRS certified volunteers prepare and review your tax return for FREE!

SCAN QR CODE OR EMAIL US TO SCHEDULE AN APPOINTMENT:

**Tax Prep February 1 - April 15**  
In-Person: Saturdays, 9 AM - 4 PM  
Catholic Charities Main Office  
924 G ST NW Washington, DC.

Email: [FNSN@cc-dc.org](mailto:FNSN@cc-dc.org)



## Parmesan Crusted Tilapia



### Ingredients

- ¾ cup freshly grated parmesan cheese
- 2 teaspoons paprika
- 1 tablespoon chopped parsley
- 1 tablespoon extra virgin olive oil
- ¼ teaspoon salt.
- 4 tilapia fillets
- lemon cut into wedges

### Instructions

1. Preheat the oven to 400 F,
2. Line a baking sheet with foil
3. In a shallow bowl mix together the Parmesan, paprika, parsley and salt.
4. Drizzle the tilapia with the olive oil then dredge in the cheese mix pressing it in lightly with your fingers if necessary.
5. Transfer to the baking sheet.
6. Bake until the fish is opaque in the thickest part, 10 to 12 minutes.

Serve with the lemon wedges.

### April Value Pack Comparison

SHARE Package Content	Retailer A	Retailer B
Chicken Drums	\$4.95	\$12.45
Tilapia	\$7.99	\$7.50
Ground Beef	\$5.49	\$6.99
Eggs	\$2.99	\$4.99
Sweet Potatoes	\$2.40	\$5.97
Kale	\$1.54	\$2.99
Collard Greens	\$2.99	\$2.99
Green Leaf Lettuce	\$1.89	\$2.99
Mushrooms	\$1.33	\$4.49
Apples	\$2.56	\$3.89
Oranges	\$2.03	\$2.31
<b>You Pay \$30!!! +NO TAX</b> 33% less than Retailer A 50% less than Retailer B	\$38.39 + TAX	\$60.42 + TAX



# SHARE

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# April Menu

AFFORDABLE NUTRITIOUS GROCERIES EVERY MONTH!

To Place an Order:

Scan the QR Code to find a local Host Site



Call Host Site to place your order and pay

Pick up at selected location

**WE ACCEPT:**  
Debit/Credit, EBT, Money Orders, Org. Checks



CALL FOR SNAP ASSISTANCE:  
1-800-21-SHARE

### CONTACT:

CATHOLICCHARITIESDC.ORG/  
PROGRAM/SHARE-FOOD-NETWORK/  
EMAIL: [SHAREORDERS@CC-DC.ORG](mailto:SHAREORDERS@CC-DC.ORG)  
PHONE: 301-864-3115 OR 1-800-21-SHARE

**ADD \$1 PER PACKAGE FOR DELIVERY IN BALTIMORE, FREDERICK, SOUTHERN MARYLAND, AND VIRGINIA**



### VALUE PACKAGE \$30

Chicken Quarters (5 lbs.),  
Surimi (1 lb.),  
Ground Chicken (1 lb.),  
Black Beans (1 lb.),  
& 10-12 lbs. Fresh Fruits & Veggies

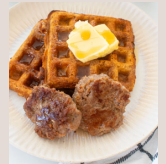
### Cinco De Mayo Box \$18

Beef Strips (1/lb) Chicken Strips (1lb.)  
Pork Strips (1lb) & Corn Tortillas (1lb)



### Breakfast Box - \$19

Waffles (3 bags w. 12 ct each)  
Pork Sausage Patties (2 - 2lb bags)  
1 box of Pancake mix



### Salmon Fillet Special - \$28

2.5-3 lbs

- Order Turn-In: 4/6
- All Final Order Changes: 4/13 by 12 PM
- All Payments: 4/14
- Distribution Days: 4/17 or 4/18

Limited Quantities on ALL Menu Items.

Menu Items Subject to Change Due to Quality or Shipping Issues