

EMERGENCY NUMBERS		
CRISIS CENTER (24hrs.)	1301 Piccard Drive, Rockville	240-777-4000
Child Abuse	24-hour reporting line	240-777-4417
Domestic Violence	National Domestic Violence Hotline	800-799-7233
	Montgomery Trauma Services	240-777-1355
	Family Justice Center (in Rockville)	240-773-0440
	JCADA	1 877- 885-2232
Human Trafficking	National Resource Center	888-373-7888
	Thuba Roush, Catholic Charities	202- 635-5957
Mental Health Crisis	Crisis Center	240-777-4190
	EveryMind	301- 424-0656
	Affiliated Community Willow Oaks	301-251- 8965
Rape/Sexual Assault	Sexual Assault Crisis Line	240-777-4357
	National Sexual Assault Hotline	800-656-4673
Shelter/Crisis Response		240-777-4000
Non-Emergency Police Public Safety		301-279-8000
Suicide	go to a local emergency room!	911
	National Suicide Prevention Hotline	800-784-2433

ALL REQUESTS – Information Hotline 2-1-1
Maryland provides a link to community health and human service resources statewide
24 hours a day, 7 days a week, in over 150 languages. 2-1-1

Adult Education/GED Classes/External High-School Diploma
Montgomery College Adult Literacy/GED Program 240-567-8950

Financial Stability Network
Free financial education, tax services and more. (FSN@cc-dc.org) 202-738-9957

FDIC Money Matters,
<https://www.fdic.gov/consumers/consumer/moneysmart/mscbi/mscbi.html>
Money Management International 866-889-9347

Burial Assistance
Contact the local DHHS office. 240-777-4550

Children's Services
Infants and Toddler's Program (support for children ages 0-3) 240-777-3997
Child Support MD Dept of Human Services 800-332-6347
Child Care Subsidy 240-777-1155

Clothing
Interfaith Clothing Center, 751 Twinbrook Pkwy., Rockville 301-424-3796
C4 Clothes Closet 14015 New Hampshire, Silver Spring 301-989-8742

Counseling

Mental Health Core Services Agency (call for information & referral) 240-777-1400
1301 Piccard Drive., Rockville
Affiliated Sante, 1400 Spring St., Suite 100, Silver Spring 301-589-2303
Behavioral Health Partners, Sheppard Pratt 604 Solarex Ct., Frederick 301-663-8263
Rebecca Mullan -Family Counseling rmullan@stjermes.org 301-200-2075

Day Program

Shepherd's Table 8106 Georgia Ave Silver Spring MD 301-585-6463
Interfaith Works at Progress Place: 8106 Georgia Ave. S.S. 301-585-4471
Interfaith Works-Wilkins Women's Center: 12250 Wilkins Ave 301-770-2413

Dental Care

Catholic Charities' Dental Clinic: Silver Spring ,12247 Georgia Ave. 301-933-0868
Catholic Charities' Spanish Catholic Center: DC, 1618 Monroe St. NW 202-939-2400
Catholic Charities' Dental Clinic: PG, 859 Allentown Way, Temple Hill 301-615-0940

Disability Services (supported employment, job training, transportation, etc.)

Aging and Disability Resource Unit 240-777-3000

Employment Search Resources

Spanish Catholic Center: Gaithersburg, 201 E. Diamond Ave., 3rd Floor 301-740-2523
Spanish Catholic Center: DC, 1618 Monroe St. NW 202-939-2400
Arbor ResCare 301-562-8180
WorkSource Montgomery 11160 Veirs Mill Rd #100, Wheaton 301-929-4350

Eye Care

Exams, Glasses, Surgery - Lions Club 301-599-7600
Glasses - Prevention of Blindness, 415 2nd Street NE, DC 202-269-0203

Food - Groceries

SHARE Program, www.sharedc.org 301-864-3115
(pay \$25 for \$40-45 of groceries, EBT welcome, local sites in DC and MD)
Catholic Charities: Silver Spring ,12247 Georgia Ave. 301-942-1790 X8100
WIC Hotline (food assistance for women, infants, children) 301-762-9426
Manna Food Center (several locations, call for info. and referral) 301-424-1130

Food - Meals

Gaithersburg (M-Fri 12:30-1:30), Epworth United Methodist Church 9008 Rosemont Dr.
Gaithersburg (M 7am-Noon) St. Martin of Tours 201 S Frederick Ave 301-990-3203
Rockville (every other T 8:30-11AM) Living Faith Lutheran Church 1605 Viers Mill Rd
301-424-8622

Furniture (call first, you must provide transportation)

Capitol Heights - Mission of Love, 6180 Old Central Ave. 301-333-4440
Damascus – Damascus Help 301-253-4100
Silver Spring - A Wider Circle (referral preferred) 301-608-3504

Health Care

Catholic Charities' Medical Clinic: DC, 1618 Monroe St. NW	202-939-2400
Montgomery Cares (care for the uninsured)	240-777-4498
HIV/STD Test – Dennis Ave. Health, 2000 Denis Ave. Silver Spring	240-777-1760
Community Clinic- Silver Spring (man and women)	301-585-1250
Access to Behavioral Health	240-777-1770
Montgomery County Addiction Services Coordination:	

Housing Search Resources/ Strategies

Victory Housing (Archdiocese of Washington affordable housing)	301-493-6000
Public Housing, Housing Choice Vouchers	240-627-9400
In-House Section 8 www.hocmc.org	
Maryland Housing Search Website, www.mdhousingsearch.org	

Immigrant-Focused Services

Catholic Charities' Immigration Legal Clinic Silver Spring and Gaithersburg
(\$85 Consultation fee) 240-858-0958 or 202772-4348
Days and hours of Operation
Mondays 1pm-5pm
Wednesday 3pm-7pm
Tuesdays & Thursday 9am-1pm
Email inquiries: NNhelp@cc-dc.org

Income Support Programs

DHHS Germantown, 12900 Middlebrook Rd., Germantown	240-777-3420
DHHS Rockville, 1301 Piccard Dr., Rockville	240-777-4600
DHHS Silver Spring, 8818 Georgia Ave., Silver Spring	240-777-4550

Legal Assistance

Catholic Charities' Archdiocesan Legal Network (English)	202-350-4305/ 202-772-1201
Catholic Charities' Archdiocesan Legal Network (en Español)	202-772-4325
Legal Aid Bureau	301-560-2100
University Legal Services	202-547-4747
Legal Aid	240-314-0373
Montgomery County Gilchrist Immigrant Resources	240-777-4940

Library (internet, computer classes, movies, free children's programs)	240-777-0001
Wheaton Library Branch (or contact local library)	240-777-0678

Phone

Assurance Wireless, (free phone with 250 minutes/month)	1-888-898-4888
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Prison Outreach

CC Prison Outreach Ministry (Welcome Home), DC only	202-519-2744
Montgomery County Re-Entry, 11651 Nebel St. Rockville MD	240-773-4211

Rental/Mortgage Assistance

Contact the local DHHS office Dial 311	or 240-777-4550
Rental Assistance Program (RAP)	240-777-4400
Emergency Mortgage Assistance, www.mdhope.org	1-877-462-7555

Pregnancy/Parenting

Gabriel Network	301-637-3223 or 1800-264-3565
Project Rachael	301-982-2008
Shady Grove Pregnancy Center, 16220 Frederick Rd., Gaithersburg	Text 240-200-4220
Rockville Women's Center, 12730 Twinbrook Parkway, Rockville	301-770-4444

Senior Citizens

Aging and Disability Resource Unit	240-777-3000
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Street Outreach

Homeless Information Line	240-907-2688
City of Gaithersburg: 1 Wells Avenue,	301-258-6390

Shelter (Emergency) & Homelessness****Contact the Crisis Center first (24 hours/day) ****

1301 Piccard Drive, Rockville MD	240-777-4000
Interfaith Works	301-762-8682
Helping Hand, 622 North Homers Ln. Bethesda	301340-2796
Family Stepping Stones, Rockville	301-251-0567

Substance Abuse Treatment Programs

Montgomery County Addiction Services Coordination	240-777-4710
255 Rockville Pike, Suite #145, Rockville MD	

Transportation

Medicaid Transportation (8:30-noon to book transportation)	240-777-5899
Metro Access (for disabled and senior citizens)	301-562-5360
Call N' Ride (for disabled or persons aged 67+)	301-948-5409
Senior Connection (rides to doctor for persons aged 60+)	301-962-0820
Connect-a-Ride (referral for people with disabilities and seniors)	301-738-3252

Utility Assistance

Contact the local DHHS office. See "Income Support Programs."	
MEAP (Maryland Energy Assistance Program)	240-777-4450
EUSP-Electric Universal Services Program	240-777-4450

Veterans Support

WorkSource Montgomery- 11510 Georgia Ave	301-761-1639
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VITA-Volunteer Income Tax Assistance

FREE tax preparation services	240-777-1123
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