

When a person discloses domestic violence

Remember:

- Never counsel a victim and abuser together.
- Never go to the scene of an incident in progress.
- Assist the person to get medical, legal or social services.
- Listen. She/he needs the affirmation of listening.
- Allow the person to make their own decisions.
- Be cautious about giving advice.
- Be patient: the first disclosure may be confused or partial.
- Look for and appreciate the inner strength of each person.

What you can say:

I believe you.
You are not alone.
You have good reason to be afraid.
What do you see as the next step?
What can we do to help you right now?

Do not say:

This is God's will.
We all have burdens.
You must forgive and
take your partner back.

If there is an immediate threat of violence call 9-1-1!

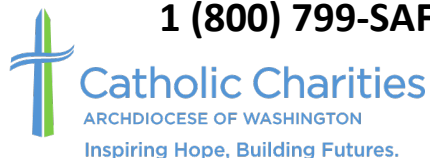
If the violence occurred in the past, ask the individual if the police have been called, if she/he would like to contact police or file for a protective order. If the person doesn't want to contact the police or obtain a protective order, respect that choice. Survivors know their situation best.

Assess safety

Many people suffer psychological, emotional, and economic abuse and need counseling and support. Individuals living with intimate partner abuse may not realize that some situations are very dangerous. Guns, threats of murder or suicide, a recent or planned separation indicate high risk for lethal violence. Connect her/him to:

The National Domestic Violence hotline:

1 (800) 799-SAFE (7233)



Charles County

Domestic Violence Prevention Resources

in the Catholic Archdiocese of Washington, D.C.

National Domestic Violence Hotline 1 (800) 799-7233

1 (800) 787-3224 (TTY for Hearing Impaired)

Website: <http://www.thehotline.org/>

Center for Abused Persons

(301) 645-3336

The Center provides crisis assessment, counseling, and access to shelter. Family counseling for adults and adolescents who have suffered domestic abuse. Counseling offered for those who use abuse.

Angel's Watch Shelter

(301) 274-0680

Catholic Charities operates a shelter for residents of St. Mary's, Calvert, and Charles County. Applicants must be homeless single women or homeless families, or suffering domestic violence. Referrals for entrance come through local county Dept. of Social Services.

Southern MD Center for Family Advocacy

(301) 373-4141

The Center provides domestic violence advocates or free legal representation in court when possible. For protective orders call:

Calvert County (240) 925 8549

Charles County (240) 925 8535

St. Mary County (240) 925 8550

Anger management, general inquiries (240) 925 8753

Sexual Assault (240) 925-8711

Crisis Hotline (240) 925-0084 (operates 24/7)

For life threatening emergencies – Encourage the family to call 911.

Adult Protective Services, elder abuse

(800) 917-7383

Child Protective Services, child abuse

(800) 917-7383

National Dating Abuse Helpline (Love is Respect) (866) 331-9474

National Domestic Violence Hotline

(800) 799-7233

For more information: www.catholiccharitiesdc.org/familypeace

Contact Catholic Charities: Laura.YeomansDV@CC-DC.org

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