



Trusted by thousands
of families every month

JUNETEENTH

Freedom Day
June 19th



A Celebration of Juneteenth at SHARE

By: Ashley Woods, SHARE Food Network's Nutrition Educator

Do you know what Juneteenth is? On June 19, 1865, Union soldiers arrived in Galveston, announcing the end of slavery and igniting jubilant celebrations among the newly freed. For many, the Juneteenth holiday represents the enduring pursuit of liberation and justice. It serves as a reminder of the struggles endured and the progress yet to be achieved. As we reflect on the significance of this historic milestone, it is imperative to acknowledge the intersecting narratives of freedom and access to resources.

At SHARE Food Network, we are committed to empowerment and equitable access to food resources. While Juneteenth celebrates emancipation, it also prompts us to confront the enduring disparities that persist in our society, particularly in areas such as food security. We serve as a resource where all are welcome to access affordable and nutritious food without any application or qualification process. Therefore, as we celebrate Juneteenth, we reaffirm our commitment to dismantling barriers to food access and fostering inclusive spaces where all individuals can thrive.

In the spirit of Juneteenth, we will continue our commitment to providing low-cost food options to everyone including underserved communities. Additionally, if one is seeking food resources such as SNAP benefits, we can assist with the application process.

Juneteenth serves as a powerful reminder of the importance of community resilience. We would like to say Thank You, to all of our host-sites and our many volunteers. Through solidarity and collaboration, we can continue to build a community where everyone has equitable access to healthy food.

Happy Juneteenth!

June 2024

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June 10: Host Site Order Turn-In Day

June 15: Volunteer Opportunity/
SHARE Open House/Host Site Training
(Registration required)

June 17: All Host Site final order
changes due (by 12pm Noon)

June 18: All Host Site payments due

June 19 & 20: Volunteer Opportunity

June 21 & 22: Distribution Days

June 28: SHARE office CLOSED

SO HOW DOES SHARE WORK?

Scan the QR Code to locate a SHARE site based on your zip code

Check out the monthly menu (on the back).

Contact the site coordinator of that location to place & pay for your order

Pick-up on the selected distribution date/time & site!



This month's recipe:

Crab Boil



Prep: 30 min Cook: 60 min Total: 90 minutes

Ingredients:

- ♦ 4lb Crab (Legs/Claws)
- ♦ 2lb Shrimp
- ♦ 15 Clams (scrubbed clean)
- ♦ 1 pack Smoked Kielbasa Sausage, cut into 2in pcs
- ♦ 6 Ears Sweet Corn, halved
- ♦ 2lb Medium Red Potatoes, cut in halves
- ♦ 1 Sweet Onion, chopped
- ♦ 2 cloves Garlic, minced
- ♦ 1 bunch fresh thyme, tied with string
- ♦ 3 Bay Leaves
- ♦ 3 Serrano Chilies, chopped
- ♦ 1/2 Lemon
- ♦ 1/2 c seafood seasoning

Instructions

1. Fill a large stockpot fitted with a basket insert with about 8 quarts of water. Squeeze lemons into the water, tossing the halves in too. Add onions, chiles, garlic, thyme, seafood seasoning, kosher salt, and bay leaves; bring to a boil over medium-high heat. Reduce heat and simmer for 10 minutes.
2. Stir potatoes into the pot and simmer for 15 to 20 minutes.
3. Add clams and boil until they open, about 8 minutes. Toss in shrimp and shut off the heat. Cover the pot and let shrimp steep in the flavor for 10 minutes, adding crab in the last 5 minutes (press them into the liquid).
4. Drain and spread crab, shrimp, sausage, clams, corn, potatoes, and onions out on a newspaper-covered table or on a large serving tray. Sprinkle with a dusting of Old Bay or Seafood seasoning of choice. Enjoy!



Call us at 1-800-21-SHARE



Did you know that you could use your Federal Nutrition Benefits (SNAP) at the farmers market and receive a dollar for dollar match? Learn more by scanning the QR code below.



MARYLAND MARKET MONEY (MMM) IS A STATEWIDE FOOD ACCESS PROGRAM THAT FEEDS MARYLANDERS AND SUPPORTS FARMERS. MMM REMOVES ECONOMIC BARRIERS FOR MARYLANDERS EXPERIENCING FOOD INSECURITY, PROVIDING A DOLLAR-FOR-DOLLAR MATCH FOR PURCHASES MADE USING FEDERAL NUTRITION BENEFITS AT PARTICIPATING MARYLAND FARMERS MARKETS, FARM STANDS, AND CSAS WHILE PROVIDING TECHNICAL ASSISTANCE, TRAINING, MARKETING, AND ADDITIONAL SERVICES TO STAKEHOLDERS.

Use MMM to purchase any SNAP eligible foods including fruits, vegetables, grains, legumes, dairy, eggs, meat, poultry, fish, baked goods, food-bearing plants, jams, pickles, syrup, honey and more!

Your Opinion Matters!

We want to hear your feedback on our most recent special,
The Crab Boil!

We would appreciate if you could use your mobile device to scan this QR code and take a few minutes to complete the accompanying survey.





SHARE Food Network's NEW Operations Manager

By: Yonette Wilson Williams, SHARE Senior Director



We all know that when God decides to move, he doesn't just move a little bit. He moves A LOT! At SHARE we are in a season of newness: new food, upcoming software, Outreach Coordinator and now a new Operations Manager! I am especially excited to officially introduce Thomas Roddy as SHARE's new Operations Manager. While Tom (as he's known by) is new to SHARE, he is not new to Catholic Charities nor the work we do at SHARE.

Tom has been an employee of Catholic Charities for 10 years. He has served as a Catholic Charities Administrative Assistant, Benefits Coordinator, Program Supervisor and now Operations Manager for the SHARE program. Tom brings with him an immense amount of experience and most importantly a heart for serving others. If you get a chance to stop into the warehouse or call, join me in personally welcoming him to the SHARE



SHARE FOOD NETWORK POSITION OPENINGS

Outreach Coordinator, **SHARE-FULL TIME:**

The Outreach Coordinator develops, supports, and maintains strong and productive SHARE sites within the service region. The position manages and directs Host Site

Coordinators and their teams to ensure that proper financial and administrative procedures are completed in an accurate and timely manner.

Bi-lingual **Outreach Coordinator,** **SHARE-FULL TIME:**

The bi-lingual Outreach Coordinator assists with translation and develops, supports, and maintains strong and productive SHARE sites within the service region. The position manages and directs Host Site

Coordinators and their teams to ensure that proper financial and administrative procedures are completed in an accurate and timely manner.

How to apply:

Call the **SHARE** office at **(301) 864-3115** to inquire about the position OR visit the Catholic Charities DC website catholiccharitiesdc.org and click under ABOUT US>CAREERS>JOB LISTINGS

Volunteer Positions

1. Communications Curriculum Developer
2. Leadership Communications Facilitator

To know more, go to: catholiccharitiesdc.org and click under VOLUNTEER or email at



CATHOLICCHARITIESDC.ORG/PROGRAM/SHARE-FOOD-NETWORK/

SHAREORDERS@CC-DC.ORG

301.864.3115 or 1-800.21.SHARE

3222 Hubbard Road Landover, MD 20785

Hello June

SHARE FOOD NETWORK PROVIDES AFFORDABLE NUTRITIOUS GROCERIES EVERY MONTH!

NEW ITEM LIMITED QUANTITY!

June 2024 Menu

VALUE PACKAGE **\$25**

5 lb. Chicken Drumsticks
1.5 lb. Salmon Portions
1 lb. Ground Beef
PLUS 10-12 pounds
of fresh fruit and vegetables!

MIXED GRILL BOX

\$35

ALMOST 10 POUNDS of Backyard Favorites!

1.5lb. Boneless Sirloin Steak
1.25lb. Rack of Ribs
5lb. Chicken leg quarters
1lb. Beef Hotdogs
1lb. Chicken Hotdogs

WHERE'S THE BEEF

BURGER BOX

\$30

2lbs. (8) Salmon Patties
2lbs. (8) Turkey Patties
2lbs. (8) Chicken Patties



You Pay \$25

SCHOOL'S OUT SPECIAL

\$25

8- Personal Cheese Pizzas
2lbs. Chicken Nuggets
2lbs. Tator Tots
2lbs. Fish Sticks



MONTHLY VALUE COMPARISON

	Grocery Store A	Grocery Store B
Ground Turkey	\$5.49	\$4.33
Chicken Drums	\$11.45	\$10.00
Turkey Bacon	\$5.99	\$3.50
Lemon	\$4.00	\$2.64
Corn	\$0.75	\$1.98
Potatoes	\$3.60	\$4.49
Celery	\$2.99	\$1.99
Spanish Onions	\$2.98	\$2.02
Apples	\$6.00	\$4.36
Total	\$43.25	\$35.31

****All menu items subject to change****

We accept: Debit/Credit cards, Org. checks, SNAP/EBT, Money orders



USDA Supplemental Nutrition Assistance Program

- ♦ Order Turn-In **6/10**
- ♦ All Final order changes due **6/17** by **12 PM**
- ♦ All payments due **6/18**
- ♦ Distribution Days: **6/21 or 6/22**

For SNAP Assistance:

1-800-21-SHARE