

You and your family deserve to be safe and loved in your home.

Sometimes bad things happen in good families. Yelling, hitting, shoving,
insults, not sharing income.

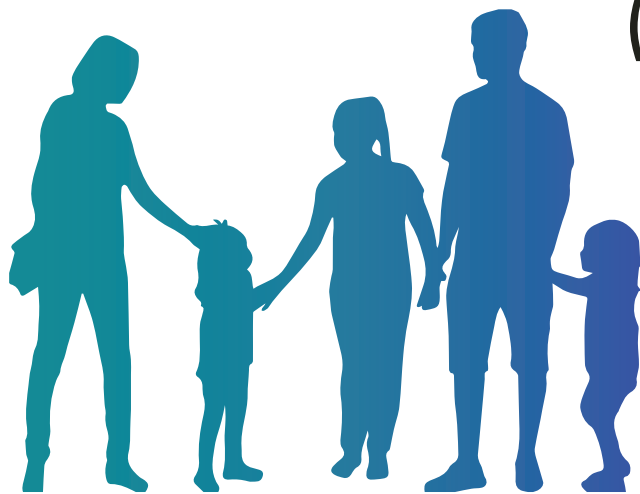
If you are experiencing or using these behaviors at home or living in fear,
change is possible. You can be safe and bring peace to your family.

“Come to me, all
you that are weary
and are carrying
heavy burdens, and
I will give you rest.”

– Matthew 11:28

**24/7 NATIONAL DOMESTIC
VIOLENCE HOTLINE:**

**1-800-799-SAFE
(7233)**



**FOR YOUR
MARRIAGE**

www.foryourmarriage.org/domestic-violence



Local help is available:



St. Mary's County

www.catholiccharitiesdc.org/familypeace

So. MD Center for Family Advocacy (301) 373-4141

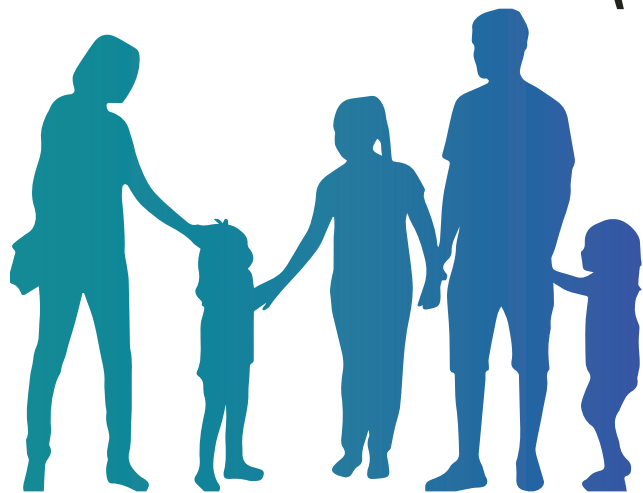
Usted y su familia merecen estar seguros y ser amados en su casa.

A veces suceden cosas malas a las buenas familias: gritar, golpear, empujar, insultar,
no compartir ingresos.

Si usted está experimentando o usando estos
comportamientos en casa o vive con miedo, el cambio es posible.
Usted puede estar a salvo y traer paz a su familia.

Vengan a mí todos
los que están afligi-
dos y agobiados, y
yo los aliviaré
—Mateo 11:28

**24/7 LINEA DIRECTA NACIONAL
DE VIOLENCIA DOMESTICA**
1-800-799-SAFE
(7233)



**POR TU
MATRIMONIO**

www.portumatrimonio.org/para-toda-pareja/la-violencia-domestica/

Ayuda local está disponible



 **Catholic Charities**
ARCHDIOCESE OF WASHINGTON
Inspiring Hope, Building Futures.

St. Mary's County

So. MD Center for Family Advocacy (301) 373-4141

www.catholiccharitiesdc.org/familypeace