

Catholic Charities

Healthy Teen Relationships: Dating Abuse Awareness Workshops

Catholic Charities offers a workshop for high school students about Healthy Teen Relationships: Teen Dating Abuse Awareness and prevention. In an engaging conversational style presenters educate students about healthy, unhealthy and abusive friendships and relationships. They discuss warning signs of abuse and provide real life examples of abusive situations teens may face. The interactive workshop enables students to recognize healthy and unhealthy relationships, set reasonable boundaries, be supportive to friends suffering abuse, and know local resources available to assist students suffering teen dating violence.

Catholic High School Student Evaluations of the Catholic Charities Healthy Teen Relationships Workshop

“Knowing the difference between a healthy relationship and an unhealthy relationship. Knowing the warning signs of abuse. Knowing how to get out of an abusive relationship.”

“To learn to set boundaries in relationships and to realize sooner about what’s unhealthy.”

“The workshop was valuable because it can be helpful for people experiencing abuse or even for those scared to speak up.”

“I like how informative it was in terms of recognizing warnings signs.”

“The information that I learned about how to recognize abuse in relationships and how to help a friend if they are in an abusive relationship was valuable to me.”

For more information or to schedule a workshop for your school/students:

Contact Laura.YeomansDV@CC-DC.org (301) 247-7926

Laura Yeomans is the Coordinator of the Catholic Charities Domestic Violence Outreach Team in the Archdiocese of Washington DC. She is a presenter for the Montgomery County Family Justice Center *Expect Respect: Teen Dating Violence Awareness and Prevention Program*. Workshops on healthy dating relationships and dating abuse are available in English and Spanish for teens, young adults, and also for parents.

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Catholic Charities

Domestic Violence
Outreach

Catholic Charities DC Priest Domestic Violence Advisory Committee

Msgr. John Enzler
Msgr. Mike Mellone
Fr. Jim Boccabella
Fr. Joe Calis
Fr. John Dillon
Fr. Jack Kennealy
Fr. Rob Maro
Fr. Andrew Wakefield

www.catholiccharitiesdc.org/familypeace

