

EMERGENCY NUMBERS		
Crisis Hotline	Calvert County Crisis Hotline	410-535-1121
Domestic Violence	So. MD Center of Family Advocacy	240-925-8549
	National Domestic Violence Hotline	800-799-7233
	Crisis Intervention Center	410-535-1121
Human Trafficking	National Resource Center	888-373-7888
Rape/Sexual Assault	Calvert County Crisis Hotline	410-535-1121
	National Sexual Assault Hotline	800-656-4673
Shelter	Angel's Watch Women's Shelter	301-274-0680
	Safe Nights of Calvert County (Nov-March)	443-486-8670
	Project Echo Shelter	410-535-0044
Suicide	go to a local emergency room or dial	911
	National Suicide Prevention Hotline	800-784-2433

ALL REQUESTS – Information Hotline **Need Help? Dial 2-1-1**
2-1-1 Maryland provides a link to community health and human service resources statewide 24 hours a day, 7 days a week, in over 150 languages.

Adult Education/GED Classes/External High-School Diploma/Literacy
Adult Education (Basic Education, ESL, GED) 301-934-7770
External Diploma Program 301-934-7770

Budgeting/Debt Counseling Resources
FDIC Money Smart Curriculum (free), www.fdic.gov/consumers/consumer/moneysmart/
Catholic Charities Financial Stability Network FSN@CC-DC.org

Burial Assistance
Calvert County Department of Social Services
200 Duke St., Prince Frederick, MD 20678 443-550-6900

Case Management/Walk-in Social Worker Services
Calvert County Department of Social Services
200 Duke St., Prince Frederick, MD 20678 443-550-6900

Children's Services
Barstow Acres Children's Center, 590 Main Street, Prince Frederick 410-414-9901
Center for Children, 489 Main Street Prince Frederick, MD 410-535-3047
East-John Youth Center, P.O. Box 1308, Lusby 410-326-1150
Big Brothers Big Sisters of Southern Maryland, Inc
30065 Business Center Dr. Suite 2, Charlotte Hall 301-290-0501
Locate Child Care (Assistance in locating a licensed provider) 877-261-0060
Purchase Child Care Vouchers (Department of Social Services) 443-550-6900
Promise Resource Center (information for child care providers) 866-290-0040

Clothing – Thrift Stores

Help Association Thrift Store (Tues-Sat, 10am-2pm) 410-257-6669
1260 East Mount Harmony Road, Owings, MD 20736
Vintage Value Thrift Store (Mon-Fri 9am-5pm; Sat 9am-5pm)
Prince Frederick, MD 443-975-7161
SMILE Ecumenical Ministries, Inc Thrift Store (Wed,Thurs,Fri 10am-2pm; Sat 9am-noon)
10290 H.G. Trueman Road, Lusby, MD 410-326-0009

Counseling/Mental Health

Calvert Mental Health Clinic
975 Solomons Island Road North, Prince Frederick, MD 20678 410-535-5400
Cornerstone of Southern Maryland
305 Prince Frederick Blvd., Prince Frederick MD 20678 410-535-4787
Chesapeake Christian Counseling Center
6045 Solomons Island Road., Huntingtown, MD 20639 410-257-5200
NAMI (National Alliance on Mental Illness) Southern Maryland
P.O. Box 1441 Laplata, MD 20464 301-392-7109
Grief Counseling (the death of a child) – Compassionate Friends of Southern Maryland
P.O Box 1427, Prince Frederick, MD 20678 301-932-7335

Dental Care

Prince Frederick Dental Group, 230 W Dares Beach Rd, 410- 535-5055

Disability Services (supported employment, job training, etc.)

Department of Rehabilitation Services
200 Duke Street, Prince Frederick, MD 20678 443-535-2620
Arc of Southern Maryland
355 West Dares Beach Road, Prince Frederick, MD 20678 410-535-2413

Food – Groceries and Soup Kitchens

Bayside Baptist Church
3009 Chesapeake Beach Road, Chesapeake, MD 20732 410-257-0712
Brooks Church Pantry
5550 Mackall Road, St. Leonard, MD 20685 410-586-9301
Calvert Churches Community Food Pantry, Inc.
100 Jibsail Drive, Prince Frederick, MD 20678 410-414-7474
Chesapeake Cares Food Pantry
6045 Solomons Island Road, Huntingtown, MD 20639 410-257-0700
Department of Social Services (**apply here for food stamps**) 443-550-6900
200 Duke Street, Prince Frederick, MD 20678
Randle Cliffs Community Church
4311 Randle Avenue, Chesapeake Beach, MD 20732 410-257-0342
SMILE (Service Makes Individual Lives Exciting)
10290 HG Trueman Road, Lusby, MD 20657 410-326-0009

Food – Groceries and Soup Kitchens

St. Anthony's Church, Ladies of Charity
8823 Dayton Avenue, North Beach, MD 20714 410-286-7086
St. John Vianney, 440 Main Street, Prince Frederick, MD 20678 410-286-1944

Furniture

SMILE (Service Makes Individual Lives Exciting)
10290 HG Trueman Road, Lusby, MD 20657 410-326-0009
Help Association Thrift Store (Tues-Sat, 10am-2pm) 410-257-6669
1260 East Mount Harmony Road, Owings, MD 20736
Vintage Value Thrift Store (Mon-Fri 9am-5pm; Sat 9am-5pm)
Prince Frederick, MD 443-975-7161

Health Care

Calvert Healthcare Solutions, 234 Merrimac Ct Prince Frederic MD 885-339-3007
CalvertHealth Medical, Keep Well Center
100 Hospital Road, Prince Frederick, MD 20678 410-535-4000

Housing Search Resources/ Strategies

Calvert Co. Housing Authorities (*Prince Frederick*) 410-535-5010
Yardley Hill Townhomes (*Prince Frederick*) 410-414-7428
Courtyard at Fishing Creek (*Chesapeake Beach*) 410-286-3688
Calvert Towne Townhomes (*Prince Frederick*) 410-535-5560
Prince Frederick Villa (*Prince Frederick*) 410-414-7428
Prince Frederick Village (*Prince Frederick*) 410-533-5560
Check: realtors, Washington Post (Sat & Sun), grocery store bulletin boards, consider sharing with a roommate.
Calvert Housing Authority, 480 Main Street Prince Frederick 410-535-5010

Identification/Birth Certificates

Identification Cards- MVA, 200 Duke St., Prince Frederick 410-535-8806
Birth Certificates - Calvert County Health Department 410-535-5400 (x387)

Job Search Resources

The American Job Center 200 Duke St. Prince Frederick 443-550-6750
Unemployment Office 877-293-4125

Legal Assistance

Maryland Volunteer Lawyer Services 800-510-0050
Legal Aid Bureau, 15364 Prince Frederick Road (Rt. 231), Hughesville 410-535-3278
Office of the Public Defender, 175 Main Street, Prince Frederick 410-535-8810
Baltimore Neighborhood Initiative (BNI) 800-487-6007
www.bni-maryland.org

Library (internet, computer classes, movies, free children's programs)

Calvert Library, 8120 Southern Maryland Blvd Owings 410-257-2101

Library (internet, computer classes, movies, free children's programs)

Calvert Library, 3819 Harbor Road Suite 200 Chesapeake Beach 410-257-2411

Calvert Library, 850 Costley Way, Prince Frederick 410-535-0291
Calvert Library, 13920 H.G. Trueman Road Solomons 410-326-5289

Phone

Assurance Wireless, (free phone with 250 minutes/month) 888-898-4888

Pregnancy/Parenting

Catholic Charities' Sanctuaries for Life Program 301-441-1472, x122
Birthright, 301 Steeple Chase Dr., Suite 405, Prince Frederick 410-257-1402
CareNet, 2196 Solomon Island Road Prince Frederick 410-326-6866

Prison Outreach

Catholic Charities Welcome Home mentoring program 202-772-4300, x040
Helping Inmate Transition to Society (HITTS) 410-535-0223

Rental/Utility/Mortgage Assistance

Calvert County Department of Social Services
200 Duke St., Prince Frederick, MD 20678 443-550-6900
Southern Maryland Tri-County Community Action
8371 Leonardtown Road, Hughesville, MD 410-535-1010
SMILE Ecumenical Ministries 10290 HG Trueman Road, Solomons 410-326-0009
Calvert Community Ministry, 440 Main Street, Prince Frederick 410-414-8007
Mortgage - The HOPE Initiative, 100 Community Place, Crownsville 877-462-7555
Mortgage - So. Md. Tri-County Community
8371 Leonardtown Road, Hughesville, MD 410-535-1010
HUD's Making Home Affordable Program, www.makinghomeaffordable.gov

Senior Citizens (60+)

Calvert County Office on Aging (*Meals on Wheels & Friends of Calvert County Seniors*)
450 West Dares Beach Road, Prince Frederick, MD 20678 410-535-4606

Substance Abuse Treatment Programs

Calvert Substance Abuse Services, 975 Solomons Island Rd Prince Frederick 410-535-8930
Project Chesapeake, 69 Sherry Lane Prince Frederick, MD 20678 443-968-8331

Transportation

Travelers Aid (stranded travelers)
Union Station, 50 Mass Ave. NE, Washington, DC 202-371-1937
Public Transportation – Calvert County Bus System 410 535-4268

Veterans Support

National Call Center for Homeless Veterans 877-424-3838
Maryland's Commitment to Veterans 410-725-9993