

<b>EMERGENCY NUMBERS</b>		
<b>Abused Adults</b>	DC Adult Protective Services	202-541-3950
<b>Abused Children</b>	DC Child & Family Services	202-671-7233
<b>Domestic Violence</b>	National Domestic Violence Hotline	1-800-799-7233
	My Sister's Place – 24hr hotline	202-749-8000
	House of Ruth	202-667-7001x515
<b>Human Trafficking</b>	National Resource Center	1-888-373-7888
<b>Mental Health Crisis</b>	DC Mobile Crisis Service-Adult	202-673-9300
	DC Access HelpLine	1-888-793-4357
<b>Rape/Sexual Assault</b>	DC Rape Crisis Center Hotline	202-333-7273
	National Sexual Assault Hotline	1-800-656-4673
<b>Shelter</b>	DC 24-Hour Emergency Shelter Hotline	800-535-7252
<b>Suicide</b>	go to a local emergency room	911
	National Suicide Prevention Hotline	1-800-273-8255

**ALL REQUESTS – Information Hotline**

DC Human Services hotline, [www.answersplease.dc.gov](http://www.answersplease.dc.gov) call 211 or 202-463-6211

**Adult Education/GED Classes/External High-School Diploma**

Literacy Helpline, [dclibrary.org/node/5510](http://dclibrary.org/node/5510) 202-727-2431  
Academy of Hope, (sites in NE & SE) 202-269-6623  
Byte Back (computer literacy), 815 Monroe St. NE 202-529-3395

**Budgeting/Debt Counseling Resources**

FDIC Money Smart, [www.fdic.gov/consumers/consumer/moneysmart/](http://www.fdic.gov/consumers/consumer/moneysmart/)  
Capital Area Assets Builders (CAAB), 1444 Eye St, NW 202-419-1440

**Burial Assistance**

DC Burial Assistance Program, 645 H Street, NE (ESA Service Center) 202-698-4112

**Case Management/Walk-in Social Worker Services**

Miriam's Kitchen, 2401 Virginia Ave. NW, M-F 6:30-9:45a; 2:30-5:45p 202-452-8926  
So Others Might Eat (S.O.M.E.), 71 "O" St. NW, M-F, 8am intake 202-797-8806  
Bread for the City, 1640 Good Hope Rd., M-Thurs, 9:30-11:30am 202-265-2400  
Bread for the City, 1525 7<sup>th</sup> St. NW, Mon,Tues,Thurs, 9-11am or 1-3pm 202-561-8587

**Children's Services**

ChAMPS (mobile psychiatric crisis service – 24/7; ages 6-18) 202-481-1440  
Child Care Vouchers, 4001 South Capitol St. SW 202-727-0284  
Urban Alliance (paid internships for high school seniors) 202-459-4300

**Clothing**

Bread for the City, 1640 Good Hope Rd. SE 202-561-8587  
(Free; T, W, R 10am-2pm. Free; bring your own bag)  
So Others Might Eat (S.O.M.E.), 71 "O" St. NW (T, F 8:30-11:30) 202-797-8806

**Counseling**

DC Department of Mental Health (DMH) 24-Hour Helpline 888-793-4357  
DMH, 35 K St. NE, 8:30am-3pm (walk-in psychological assessments) 202-442-4202

[www.CatholicCharitiesDC.org](http://www.CatholicCharitiesDC.org)

**Counseling (continued)**

Family Matters, 45 "I" Street, NW 202-289-1510  
Grief Counseling – Wendt Center, 4201 Connecticut Ave. NW 202-624-0010  
Comprehensive Psychiatric Emergency Program 202-673-9319

**Dental Care**

Catholic Charities' Spanish Catholic Center, 1618 Monroe St. NW 202-939-2400, x4  
So Others Might Eat (S.O.M.E.), 71 "O" St. NW 202-797-8806

**Domestic Violence**

Ayuda, Inc, 202-387-4848  
DASH Resource Clinic, every Wed, 1-3:30pm 202-425-7573  
House of Ruth 202-667-7001, x515

**Disability Services (supported employment, job training, etc.)**

Department of Disability Services, 1125 15th Street NW 202-730-1700

**Economic Security Administration (ESA) Service Centers (formerly called IMA)**

(Food stamps/Medicaid/TANF- all locations. Temporary disability - H Street only.)  
Hours: Monday-Friday 8:15am- 4:45pm; extended hours until 8pm on Wednesdays  
Anacostia, 2100 Martin Luther King Jr. Ave., SE 202-645-4614  
Congress Heights, 4001 South Capitol Street, SW 202-645-4525  
Fort Davis, 3851 Alabama Ave., SE 202-645-4500  
H Street, 645 H Street, NE (also provides temporary disability funds) 202-698-4350  
Taylor Street, 1207 Taylor Street, NW 202-576-8000

**Eye Care**

Exams - So Others Might Eat (S.O.M.E.), 71 "O" St. NW 202-797-8806  
Exams - Washington Hospital Center, 110 Irving St. NW 202-877-3937  
Glasses - Prevention of Blindness, 2216 Rhode Island Ave. NE 202-269-0203

**Family Support**

Strong Families (DC Dept. of Human Services) 202-698-4293  
Far Southeast Family Strengthening, 2041 MLK Jr Ave. SE 202-889-1425

**Food - Groceries**

Capital Area Food Bank Hunger Lifeline 202-639-9770  
DC Food Finder (sources closest to any DC address) [www.dcfoodfinder.org](http://www.dcfoodfinder.org)  
Food Stamps (now called "SNAP", look under "Economic Security Administration" sites)  
WIC Hotline (Women, Infants, Children – food) 800-345-1942  
SHARE Program, [www.sharedc.org](http://www.sharedc.org) 301-864-3115  
(pay \$20 for \$40-45 of groceries, EBT welcome)

**Food - Meals**

S.O.M.E., 71 "O" St. NW, daily, 7-8:30am, 11-1pm 202-797-8806  
Miriam's Kitchen, 2401 Virginia Ave. NW, M-F 6:30-8am; 4:45-5:45p 202-452-8926

**Furniture (call first, you must provide transportation)**

Central Union Mission, 3182 B Bladensburg Road, NE 202-526-2427  
Mission of Love, 6180 Old Central Ave., Capitol Heights, MD 301-333-4440  
A Wider Circle, Silver Spring, MD 301-608-3504

## **Health Care**

Affordable Care Act // DC Health Link 855-532-5465  
Catholic Charities' Spanish Catholic Center, 1618 Monroe St. NW 202-939-2400  
So Others Might Eat (S.O.M.E.), 71 "O" St. NW 202-797-8806  
Unity Health Care Clinics (for the under and un-insured) 202-715-7901  
Medicare/Medicaid Insurance (look under "Economic Security Administration" sites)

## **HIV Testing/Support**

Family and Medical Counseling Service, 2041 MLK Jr. Ave. SE, #303 202-889-7900  
Metro Health, 1012 -14th St. NW, Suite 700 202-638-0750

## **Housing Search Resources/ Strategies**

Housing Counseling Services, 2410 17th Street, NW 202-667-7006  
(session every Thursday at 4pm on looking for housing in DC)  
DHCD Housing Resource Center, 1800 MLK Ave. SE (8:30a-3:30p) 202-442-9505  
Database of housing options: [www.dchousingsearch.org](http://www.dchousingsearch.org)  
Victory Housing (an ADW program) [www.victoryhousing.org](http://www.victoryhousing.org) 301-493-6000  
Check: realtors, City Paper (Thurs), Washington Post (Sat & Sun), consider roommate.

## **Identification/Birth Certificates**

Salvation Army, 1434 Harvard St. NW (Wed & Thurs, call first) 202-250-7705  
Foundry Methodist Church, (requires an online referral by a social services agency)

## **Immigrant-Focused Services**

Ayuda, 6925 B Willow Street NW 202-387-4848  
Catholic Charities' Immigration Legal Clinics, (arrive early, \$60 consultation fee)  
Tuesdays, 9:30 AM 924 G Street NW  
Wednesdays, 9:00 AM 1618 Monroe St. NW  
Catholic Charities' Spanish Catholic Center, 1618 Monroe St. NW 202-939-2400  
CARECEN, 1460 Columbia Road NW, Suite C-1 202-328-9799

## **Job Search Resources**

Catholic Charities Employment Referrals 202-939-2400  
DC Department of Employment Services (DOES) 202-724-7000  
Jubilee Jobs, 2712 Ontario Rd. NW 202-667-8970  
Samaritan Ministry, 1345 U St. SE (889-7702) or 1516 Hamilton St. NW 202-722-2280

## **Legal Assistance**

Bread for the City, 1525 7th St. NW (walk-in Monday 1-3pm) 202-265-2400  
Bread for the City, 1640 Good Hope Rd., SE (walk-in Monday 1-3pm) 202-587-0527  
Catholic Charities Legal Network 202-350-4305 // 202-772-4325 (*español*)  
Legal Aid Society 202-628-1161  
University Legal Services 202-547-4747  
Washington Legal Clinic for the Homeless 202-328-5500

## **Library** (internet, computer classes, movies, free children's programs)

Martin Luther King Jr., 901 G St. NW, (or call for 25 branch offices) 202-727-0321

## **Phone**

Assurance Wireless, (free phone with 250 minutes/month) 888-898-4888

## **Pregnancy/Parenting**

[www.CatholicCharitiesDC.org](http://www.CatholicCharitiesDC.org)

Northwest Pregnancy Center, 2702 Ontario Road, NW 202-483-7008  
Capitol Hill Pregnancy Center, 713 Maryland Ave., NE 202-546-1018  
Healthy Babies Project, 4501 Grant Street, NE 202-396-2809  
Catholic Charities' Sanctuaries for Life Program 301-441-1472

## **Prison Outreach**

Welcome Home Reentry Program 202-772-4300, x040  
Visitors Services Center, 1422 Mass Ave. SE 202-544-2131

## **Rental/Mortgage Assistance** (must call for an appointment)

Community Partnership/ Virginia Williams, 920 Rhode Island Ave NE 202-526-0017  
Housing Counseling Services, 2410 - 17th St. NW, Suite 100 202-667-7339  
Salvation Army, 1434 Harvard Street NW, Suite B 202-332-5000  
Salvation Army, 2300 Martin Luther King Ave. SE 202-678-9771  
Catholic Charities' SE Family Center, 2812 Pennsylvania Ave., SE 202-338-3100  
Dept. Housing & Community (mortgages), [www.dhcd.dc.gov](http://www.dhcd.dc.gov) 202-442-7200  
HUD's Making Home Affordable Program, [www.makinghomeaffordable.gov](http://www.makinghomeaffordable.gov)  
Tenant Survival Guide: <http://ota.dc.gov/node/374252>

## **Senior Citizens (60+)**

DC Office on Aging, 441 4th Street, NW, Suite 900 202-724-5622

## **Shelter (Emergency) & Homelessness**

**Men** 801 East, 2700 Martin Luther King Jr. Ave. SE 202-561-4014  
New York Avenue Shelter, 1355 New York Ave. NE 202-832-2359  
**Women** Nativity Shelter for Women 6010 Ga. Ave NW 202-487-2012  
Open Door Shelter, 425 2nd Street NW 202-639-8093  
Harriet Tubman, 1900 Massachusetts Ave. SE 202-547-1924  
**Family** Virginia Williams, 920 Rhode Island Avenue, NE 202-526-0017  
(Central intake for displaced DC families, 8:30-4pm, M-Th)  
**Day** Capitol Hill Group Ministry, 1338 G Street SE 202-544-3150  
(Mon-Fri 8am-6pm. Shower, computer, phone, laundry, kitchen facilities)

## **Substance Abuse Treatment Programs**

APRA Assessment & Referrals, 70 N St. NE, (7am-6pm) 202-727-8473  
Clean and Sober Streets, 425 2nd St. NW (9am-7pm) 202-783-7343  
Detox at DC General, 1905 E St. SE (24 hours) 202-698-6080

## **Transportation (call first)**

Friendship Place, 4713 Wisconsin Ave. NW 800-263-0583  
Father McKenna Center, 19 Eye St. NW 202-842-1112  
Thrive DC, 1525 Newton St. NW 202-737-9311  
Travelers Aid (stranded travelers) Union Station, 50 Mass Ave. NE 202-371-1937

## **Utility Assistance**

DC Energy Assistance Program 311 or 202-673-6750  
Strong Families (DC Dept. of Human Services) 202-698-4293  
Salvation Army 202-332-5000  
Greater Washington Urban League 202-265-8200

## **Veterans Support**

DC Vet Center, 1250 Taylor St. NW (8:30am-4:30pm M-F) 877-927-8387